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India Lives on the Sanskrit verses
Atithi Devo Bhava
Our Guest is Like God

WEBINAR

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Webinar

1. India Training Modules

- a) Pre-departure information: Travelers Handbook
- b) Ground Operations & Trip logistics
- c) Crisis Management

2. Signature Tours

- a) Luxury Trains of India
- b) God's own Country Kerala
- c) Golden Triangle
- d) Great Indian Explorer

3. Heritage, Culture & Culinary Immersions

4. Safari / Wilderness Experiences

5. Wellness & Spa/Yoga

6. The Adventure side of India

7. Hindu Pilgrimage Tour of India

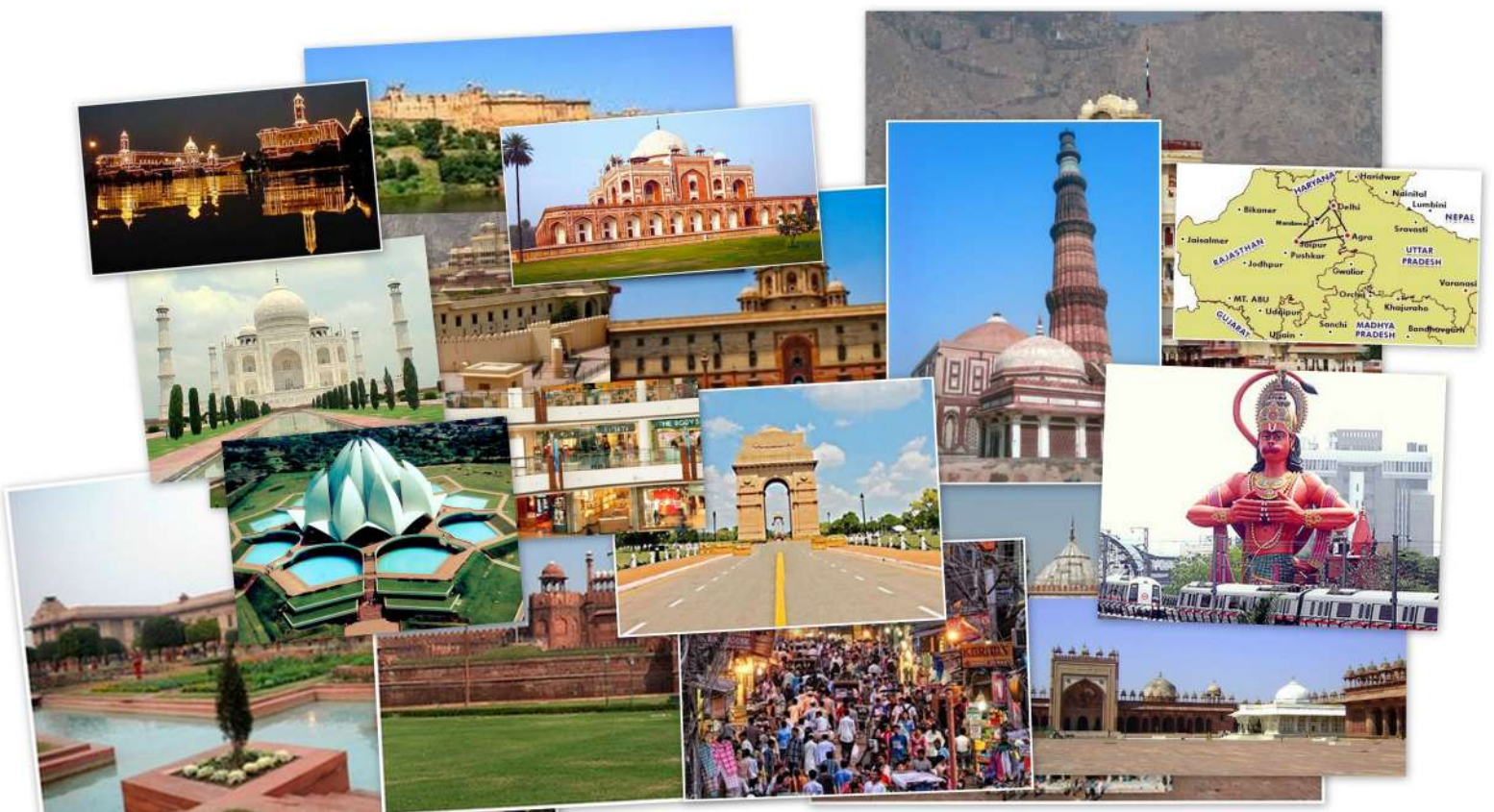
Think of India...Think of us



Flavours of India reflect differently from North, South, East to West every Indian region is a different country altogether, and we offer you an exciting range of tours for every interest and budget. Before we begin with the prizes just some quick facts about India. You can visit India anytime during winter season from Oct-Mar to enjoy colorful festivals & wedding season at an avg temperature upto 20°C. Remaining months we have summers where you can enjoy trekking thru hill stations of Himalayas in North or tea plantations of Darjeeling in East. Over 22 languages are officially spoken in India, but English is also our official language. Four religions are born in India Hinduism, JBS so you have plenty to experience. Not to forget 1AUD/NZD=abt50INR today so you have a major affordability factor too. Also visa process is made simpler now with e-visa and removal of biometrics you can simply post your passport to get visa safely and quickly. Moreover India MOT has announced visa on arrival for AU citizens, which is a tentative plan for 2016 year to ease in your travel planning. As PTT we are committed to our customer service with the very best of quality & satisfaction. From heritage rich North India we also offer Yoga tours in Himalayas, luxury train tours such as palace on wheels, to thrilling Tiger safaris in jungle book inspired Kanha Wild Park of central India. On other side we have aromatic Kerala in South India where we offer trekking thru spice plantations, cycling thru sacred temples, houseboat cruises to even ayurveda spa treatments. For first timer groups we have the popular choice of Golden Triangle Taj Tour or a Yoga Group Tour to the Himalayas which is now launched in our PTT group brochures called 'Mind Body & Soul' for 14N. Moreover we even have heritage group tour of "Best Exotic Marigold Package" inspired from the actual film shot in Rajasthan. With PTT you will fulfill your special interests. Talking a little about travel info (below attached is file, the same is also provided to all your guests upon arrival), with the facility of electronic visa applicable for almost every country, it has become easy and one click process for planning for India holidays. Also, AU\$ 1AU\$ will fetch you INR50, meaning its a very affordable destination having non-stop Dreamliner flights from Sydney and Melbourne direct

to the capital city of Delhi. Infact, the various connecting flights via Singapore to Malaysia offers better rate benefits too flying 7 days a week. Just like the ending of Slumdog Millionaire, there's lots to be won with PTT.. So enjoy selling!

PTT welcomes your clients to a memorable Indian experience every time. In a general tour we mix the exciting local elements of touch, feel, smell, taste, see and hear. From Marigold Fim Hotel Stays, Tribal Village Visits, Tuk-Tuk Rides, Ethnic Cooking Classes, Bollywood Films, to Experiencing an Indian Wedding. These are some local experiences shown in below pics of our guests;



LUXURY TRAIN OF INDIA

One a kind experience, these are heritage royal trains offering accommodation on-board as the journey goes on. With a capacity of over 100 passengers, these trains are awarded as the leading royal train experience of the world and offer you to unpack only once. There are primarily 5 main Royal Trains of India covering almost every part of India offering onboard all daily meals incl. ethnic Indian delicacies, private butlers service as words finest hospitality, fully guided city tours in deluxe coaches incl the best of India sites, and ofcourse deluxe onboard accommodation for singles-doubles-twins to even triple bedding.

PALACE ON WHEELS

The most popular being Palace on Wheels is a 4* Train offering royal heritage experience. In a set program of 7Nights it covers best of North India (from Taj Mahal city Agra, lake city Udaipur, heritage city Jaipur to tiger parks of Ranthambhore. Moreover, the best way to describe this train is from the turn of the 20th century, during the days of the Raj, maharajas built stately carriages for their personal use on the vast Indian Rail Network. Today the Palace on Wheels reflects all the luxuries and services expected. The train offers a unique blend of Rajasthan and its cities, Wildlife and the extravagant Palaces. The concept of the Palace on Wheels was derived from the royal background of the coaches, which were originally meant to be the personal railway coaches of the erstwhile rulers of the princely states of Rajputana, Gujarat, Nizam of Hyderabad and the Viceroy of British India.



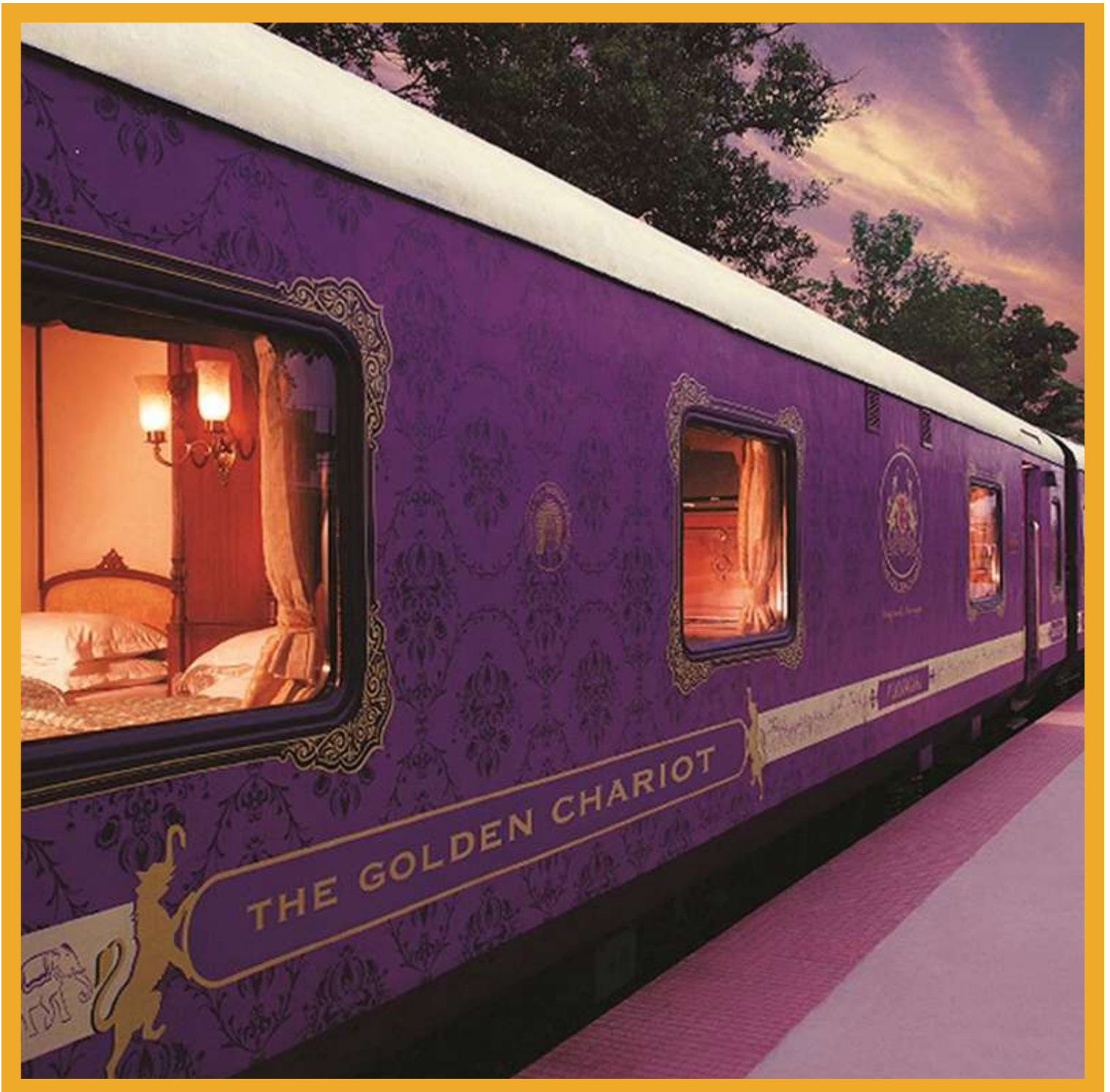
MAHARAJA EXPRESS

The most royal of them all is the Maharaja Express considered a 5* royal heritage train experience. In a set program ranging from 3 to 7 Nights, it covers best of North & West India (from Taj Mahal city of Agra, Bollywood city of Bombay, to inspiration of the Mughal empire Lucknow). Moreover, this train is a journey into history to experience the splendour of a bygone era. Discover the bustling commercial city of Mumbai and the National Capital Delhi. Admire the beautiful cave paintings at Ajanta, a UNESCO World Heritage site. Visit the shimmering Lake City of Udaipur and the majestic fort at Jodhpur and enjoy sundowner on the sand dunes at Bikaner. Soak in the colourful Pink City of Jaipur. See from close quarters the legendary tigers at Ranthambore and one of the seven wonders of the world 'The Taj Mahal' - all this and more in utmost luxury. Welcome Aboard !!



GOLDEN CHARIOT

Another 4* heritage train experience. This train has two main South India 7 Nights itinerary's covering the gods own land 'Kerala' or temple rich state of 'Karnataka'. Namely itinerary's are called Pride of South, and Slendours of South India. From worlds oldest temples at Belur & Helbib, to finest palm fringed beaches of Goa, the experience with this train is Golden in deed and word-a cabin specially designed for the physically challenged proves that Golden Chariot is one of the finest and most luxurious travel products of south of India.



ROYAL RAJASTHAN ON WHEELS

Rated as a 4* heritage train, like the name suggests this train covers heritage state of India 'Rajasthan'. Royal Rajasthan on Wheels, Clubbing royalty and spirituality with modernity, Royal Rajasthan on Wheels is an extension of palace on wheels. Bringing alive royal hospitality, on board this train you get most modern and luxurious well being facilities like spa and... Remarkably this journey will further take you to Holy city of Banaras where spirituality and most vibrant culture transport you to a different plane. Casting a spell on you , the exotic land of Khajuraho offers exclusive craftsmanship through sculptures of erotica. Recognized by the UNESCO as the world heritage site, the temples of Khajuraho are comparable to none in the world.



DECCAN ODYSSEY

This 4* royal heritage train experience covers West of India and its main state of Maharashtra. In a set 7 Nights program it covers the best of West India (from Asiatic lions of Sasan Git Wild Park, Bollywood city of Bombay, worlds oldest caves at Ajanta Ellora, and entertaining beaches of Goa). Moreover, each journey on the Deccan Odyssey is an exploration of India's diversity, exotic locales and discovery of her timeless traditions; where you breathe in the vibrancy, sounds and colours of India's cities and her countryside. Mysteries, intrigues unfold as the train snakes her way through royal cities showcasing the opulence and extravagance of the palaces, the traditions and culinary wonders of cities and villages well protected from the sands of time. Where else would you find a UNESCO heritage site, a superlative vineyard, tigers & lions lazing in the sun baked stretches of wild brush, a palace residence, warm dazzling beaches & cool tranquil backwaters... only in amazing India!



SOUTH INDIA & GOD'S OWN LAND 'KERALA'

At Adventure World India we offer the best trips in India! As the name suggests this trip takes you on an experience like never before. With this Kerala Experience Trip you can indulge in the rich flavours of South India with a unique cooking class at a local residence, whilst exploring the best sites that South India has to offer. We travel to the aromatic state of Kerala in South India to evoke its true and natural beauty. In short this is a perfect trip of South India. We begin with heritage city of Cochin now named Kochi, rich with its European colonies from colonial era of India. Followed by famed tea/spice plantations of Munnar Hill Station. Next we board a traditional Kerala boat 'Kettuvallam' in Alleppey for backwater river cruise, aromatic lake city of Kumarakom, and we end with the relaxing beach town of Kovalam located in the South India's capital city of Trivandrum pronounced as the evergreen city of India by 'Mahatma Gandhi.' From ethnic South Indian cooking classes, traditional houseboat river cruises, rich tea/spice plantations, to relaxing beaches, this is an amazing trip that covers complete South India.



GOLDEN TRIANGLE

At Adventure World India we offer the best trips in India! This Golden Triangle trip is popular amongst first timers as it covers the most famed sites of North India only within a week. We cover capital city Delhi influenced by 1630s Mughal Empire and 1920s British-Rule. Agra the home of Mughal Era and its crown jewel wonder 'Taj Mahal'. Heritage pink washed city of Jaipur aka capital of Rajasthan. Moreover, with this trip we can also offer you to enjoy a range of extensions matching every interest as under;

1. EXTENSION (MID TOUR) (OF 02NT): INTEREST > TIGERS & WILDLIFE!

RANTHAMBHORE NATIONAL PARK

This is spread over 392sqkm Ranthambhore National Park is famed for its Tigers and was the royal hunting ground of Maharajas. The Park is located between the Aravali Mountains and one of the most filmed sanctuaries of India. Its known for its Royal Bengal Tigers that can be seen near marshes and lakes even during the daytime, but also for its heritage nature as pictorial ruins of Ranthambhore Fort sets a beautiful background of this wild park.

2. EXTENSION (MID TOUR) (OF 03NT): INTEREST > SPIRITUALITY!

TEMPLES OF VARANASI & KHAJURAHO

Khajuraho is a small sacred town in central India famed for its Hindu & Jain Temples showcasing world's finest erotic rock carvings. Many state they depict the ancient art of Kamasutra and dates back to 950CE. Varanasi aka the spiritual capital of India is set along holy river Ganges, and known as one of the oldest living cities of the world and the birthplace of Lord Buddha's first sermon in 528BC.

3. EXTENSION (PRE TOUR) (OF 04NT): INTEREST > YOGA & MEDITATION!

RISHIKESH IN HIMALAYAS

We travel to Rishikesh aka 'the City of Divine' and spiritual home for sages, saints and pilgrims. This extension takes on a quest of your wellbeing. Enjoy experiencing true Indian Yoga & Meditation. We even stay at local Ashram's and indulge in its scheduled spiritual activities. In addition to spiritual activities, Rishikesh is famed for its bustling markets and we also take you on temple tours. Yoga/-Meditation schedules, this trip briefly also covers some ancient temples, tombs to busy bazaars.

4. EXTENSION (MID TOUR) (OF 06NT): INTEREST > CLASSICAL RAJASTHAN & BEST EXOTIC MARIGOLD HOTEL!

RAJASTHAN'S BEST: PUSHKAR, JODHPUR, UDAIPUR

With this extension we travel further into the heritage and princely state of Rajasthan. We visit and stay at the Best Exotic Marigold Film Hotel in Khempur Village. The tranquil desert town of Pushkar famed across the globe for its Camel Fair Festival every November. Enroute we also visit holy Muslim town of Ajmer dedicated to Sufi Saint Mounuddin Chishti. We also explore vivid blue painted houses that define the heritage city of Jodhpur as India's blue city set in the landscapes of Thar Desert. And lastly, we also cover royal lake city of Udaipur that is a popular spot for Hollywood films such as 1983 James Bond film 'Octopussy'.

5. EXTENSION (PRE TOUR) (OF 07NT): INTEREST > BACKWATER CRUISES, TEA ESTATES & MORE!

TRIP TO KERALA IN SOUTH INDIA

We travel to the aromatic state of Kerala in South India to evoke its true and natural beauty. We begin with heritage city of Cochin now named Kochi, rich with its European colonies from colonial era of India. Followed by famed tea/spice plantations of Munnar Hill Station. Next we board a traditional Kerala boat 'Kettuvallam' in Alleppey for backwater river cruise. We end with the relaxing beach town of Kovalam located in the South India's capital city of Trivandrum pronounced as the evergreen city of India by 'Mahatma Gandhi.' From ethnic South Indian cooking classes, traditional houseboat river cruises, rich spice plantations, to relaxing beaches, this is an amazing trip that covers complete South India.

6. EXTENSION (PRE TOUR) (OF 07NT): INTEREST > GOLDEN TEMPLE & BRITISH HILL STATIONS!

TRIP TO AMRITSAR & HIMACHAL PRADESH

We travel to the holiest city of Sikhism Amritsar to evoke and explore its true spirits. Located in northwest Indian state of Punjab this is the home of world-famed change of guard ceremony border between India-Pakistan. And also a home of the Golden Temple famed as the holiest of the Sikh shrine, and attracts more visitors than even the Taj Mahal. Next we journey to the world renowned scenic hill station of Shimla in the foothills of Himalayas. It's famed since the British Raj era as a place to escape the desert heat, and even today famed across the world for their

colonial charm. We also visit Buddhist rich hill station Dharamsala aka the hometown of your holiness 'Dalai Lama and surrounded by the splendor of Himalayan landscapes and Buddhist monasteries. And not to forget we end your journey in style to explore the colonial aura, whilst travelling aboard the splendid 'Kalka-Shimla' toy hill train. This trip will take you back how the British rulers enjoyed spending holidays in Northern India.

6. EXTENSION (PRE TOUR) (OF 09NT): INTEREST > GOLDEN TEMPLE & BRITISH HILL STATIONS!

TRIP TO AMRITSAR & HIMACHAL PRADESH

We travel to the holiest city of Sikhism Amritsar to evoke and explore its true spirits. Located in north-west Indian state of Punjab this is the home of world-famed change of guard ceremony border between India-Pakistan. And also a home of the Golden Temple famed as the holiest of the Sikh shrine, and attracts more visitors than even the Taj Mahal. Next we journey to the world renowned scenic hill stations of Manali & Shimla in the foothills of Himalayas. These hill stations were famed since the British raj era as a place to escape the desert heat, and even today famed across the world for their colonial charm. We also visit Buddhist rich hill station Dharamsala aka the hometown of your holiness 'Dalai Lama and surrounded by the splendor of Himalayan landscapes and Buddhist monasteries. And not to forget we end your journey in style to explore the colonial aura, whilst travelling aboard the splendid 'Kalka-Shimla' toy hill train. This trip will take you back how the British rulers enjoyed spending holidays in Northern India.

GREAT INDIAN EXPLORER

At Adventure World India we offer the best trips in India! As the name suggests this trip takes you on a journey of the Best that India has to offer. And we end with vibrant extensions to the Buddhism rich Nepal in the Himalayas. We begin your journey with the heritage state of Rajasthan that evokes the enduring images of a vibrant and colorful past to explore the heart of Rajasthan. Sights include the tranquil town on the banks of the picturesque Pushkar Lake, called Pushkar. Discover Jodhpur's blue washed houses and bustling markets. Not to forget the gorgeous Pink City of 'Jaipur', an unforgettable experience of the Taj Mahal in Agra. We cover it all, from the royal lake city of Udaipur that is a popular spot for Hollywood films such as 1983 James Bond film 'Octopussy'. We travel further into the heritage and princely state of Rajasthan. We even visit and stay at the Best Exotic Marigold Film Hotel in Khempur Village. We also explore vivid blue painted houses that define the heritage city of Jodhpur.

as India's blue city set in the landscapes of Thar Desert. We journey thru a local overnight train to Thar Desert town of Jaisalmer where we enjoy experiencing traditional Tented Desert Sunset Safari on Camels. Next we travel to heritage and quite desert village of Bikaner famed for its spectacular Fort architecture. Then we continue with Golden Triangle trip that is the most popular amongst first timers as it covers the most famed sites of North India only within a week. We cover capital city Delhi influenced by 1630s Mughal Empire and 1920s British-Rule. Agra the home of Mughal Era and its crown jewel wonder 'Taj Mahal'. Heritage pink washed city of Jaipur aka capital of Rajasthan. Not to forget we visit Varanasi aka temple city situated on banks of sacred Ganges River. Moreover, enjoy the ending with vibrant post trip extensions to Nepal in the Himalayas.

HERITAGE, CULTURE, GOURMET

As you know flavours of India taste different in every state of India. Hence we offer two Gourmet mixed with Heritage and Culture tours. One focuses on gourmet of South India and the other in North India. With the South India one, we take you on an experience like never before. Inspired from Rick Steins popular documentary's, this trip indulges you in rich flavours of South India whilst exploring the best sites that South India has to offer. We travel to the aromatic state of Kerala in South India to evoke its true and natural beauty. In short this is a perfect trip of South India, as you experience rich Cuisine served on banana leaf like the locals have it. From famed fish curry's, coconut chutneys, to fusion of Dutch and Jewish dishes. We even dine at Royal Palaces, also learn ethnic South Indian cooking class taught by local family's. We begin with heritage city of Cochin new named Kochi, rich with its european colonies from colonial era of India. Followed by famed tea/spice plantations of Munnar Hill Station. Next we aboard a traditional Kerala boat 'Kettuvallam' in Alleppey for backwater river cruise. We end with the relaxing beach town of Kovalam located in the South India's capital city of Trivandrum pronounced as the evergreen city of India by 'Mahatma Gandhi.' From ethnic south Indian cooking classes, traditional houseboat river cruises, rich spice plantations, to relaxing beaches, this is an amazing trip that covers complete South India. And with the North India gourmet program, we cover food from North India is characterized by its thick, tasty gravies. North Indians love chilies, saffron, milk, yoghurt, cottage cheese, ghee (clarified butter) & nuts. Their meals are hearty and often include several dishes. Sweets are a huge favorites too. One of their prime cuisine is

'Mughlai Cuisine' that is one of the most popular cuisines, whose origin can be traced back to the times of Mughal Empire. Mughlai cuisine consists of the dishes that were prepared in the kitchens of the royal Mughal Emperors. Indian cuisine is predominantly influenced by the cooking style practiced during the Mughal era. Mughlai food is quite spicy and has a very unique aroma. Witness the kaleidoscope of India through the Golden Triangle Tour that is designed to take you through capital 'Delhi', 'Agra' and the vibrant pink city 'Jaipur'. Next we take you to the romantic city of lakes 'Udaipur' followed by visit to the Bollywood capital of India 'Mumbai'. Carry with you the memoirs of hospitable people and their cuisine & culture. This is an essential Indian holiday escape.

WILDERNESS

At PTT, there is simply no other word that convincingly captures the enigma that is India. With its in-your-face diversity, from mystical temples to feisty festivals, snow-dusted mountains to sun-washed beaches, lantern-lit villages to bustling metropolitan cities, it's hardly surprising that India has been dubbed the world's most multidimensional country. This is a holiday with a difference. Our Wildlife Tour offers world famed dense wildlife parks of Central India, allowing you to capture India's finest and rarest in flora & fauna sighting the beautiful wildcats Tiger, Cheetah and much more. Within the central Indian state of Madhya Pradesh are the dense wildlife parks of 'Bandhavgarh', 'Kanha' and 'Pench'. Famed as nation's largest 'Kanha' national park hosts a herd of wild cats and other wild inhabitants. Moreover, the teak rich jungles of 'Pench' national park is also famed as the backdrop for 'Kipling's Jungle Book' and also where 'David Attenborough' filmed the popular documentary 'Tiger: spy in the jungle'. So get ready to thrill yourself in a close encounter with India's finest of flora and fauna. So aboard as we welcome you to an unforgettable authentic India wildlife experience... In India, the 3 most popular aka Rudyard Kipling's Jungle Book parks are namely;

KANHA NATIONAL PARK:

One of India's largest national parks, covering 1945 Sq. km, and is located in the Maikal Hills of the Satpura Hills range in the South Eastern part of the state of Madhya Pradesh. The Park has beautiful areas of Sal forests, large bamboo stretches and lush green meadows. In 1973, when Project Tiger was launched to save the tiger, Kanha was one of the nine reserves selected for the project. It is prime tiger country and is the project's star success story. Herds of animals are

found in the central parklands, where approximately 22 animal species are regularly spotted, including the more unique species such as the three-striped palm squirrel, common Langur, jackal, wild pig and black buck. Striped hyena, leopard, mouse deer and porcupine also reside here, as do the Chinkara and ant-eating pangolin. Kanha is home to the highly endangered deer, the hardground barasingha, as well as Sambar, chital and gaur. Kanha features approximately 70 tree species and is a bird watcher's paradise, with over 200 recorded bird species.

BANDHAVGARH NATIONAL PARK

One of India's largest national parks hosts herd of animals and is a prime tiger region. Situated in the central Indian state of Madhya Pradesh, Bandhavgarh National Park is a 448 sq. km renowned tiger reserve. Nestled between the picturesque Vindhya and Satpura ranges, this is one of India's most beautiful national parks. The dramatic landscape features tropical forests and woodlands, and steep rocky hills with flat grasslands in the valleys below. An ancient 2000 year old fort, 10th century statue of Lord Vishnu, and the dense Sal jungle combined with the grasslands make Bandhavgarh one of the most extraordinary parks in India. Bandhavgarh supports one of the highest densities of tigers on the Subcontinent. Its hilly open terrain includes many large grassland meadows that offer good chances of sightings. The Park is also home to a large variety of mammals such as: leopards, chitals (spotted deer), Sambar deer, wild boars, Chinkara, sloth bear, grey Langurs, jungle cats, hyena, jackals, fox, and wild dogs.

PENCH NATIONAL PARK

Is one of Central India's understated reserves, Pench National Park is situated in the Seoni and Chhindwara districts of Madhya Pradesh. Dominated by hills, forests and valleys, this national park derives its name from the Pench River, which meanders its way through the entire stretch of the 757 Sq km park. The teak jungles of Pench National Park was the background for David Attenborough's documentary - Tiger: Spy in the jungle. The river runs from north to south, dividing the park into almost equal western and eastern halves – the well forested areas of Chhindwara and Seoni districts respectively. Kala Pahar, the park's highest hill, reaches 650 m above sea level. A typical Central Indian teak jungle, Pench supports a rich variety of wildlife, including the tigers, leopards, wild dogs, gaurs, Sambars, chitals and a glorious birdlife. The Park's open habitat not only lends well to wildlife viewing, but it also offers striking views of the area's sheer beauty. This national park received international recognition from Rudyard Kipling's classic tale, the Jungle Book.

WELLNESS & SPA TOURS

At Adventure World India, we plunge you into authentic Indian Yoga & Meditation. We discover 'Herbal Ayurveda Spa' that is an intricate system of healing that originated in India thousands of years ago. Ayurveda can be defined as a system, which uses the inherent principles of nature to help maintain health in a person by keeping the individual's body, mind and spirit in perfect equilibrium with nature. Widely regarded as the oldest form of healthcare in the world, Ayurveda is an intricate medical system that originated in India thousands of years ago. Ayurveda is based on the premise that the universe is made up of five elements: air, fire, water, earth and ether. Ayurveda suggests specific massage therapy and nutritional guidelines to help individuals achieve health goals. We experience 'Indian Yoga' is a complex system that focuses on harmony between body and mind. Yoga derives its philosophy from Indian metaphysical beliefs. The ultimate aim of this philosophy is to strike a balance between mind and body and attain self-enlightenment. To achieve this, yoga uses movement, breath, posture, relaxation and meditation to establish a healthy balanced approach to life. Though the exact origins of Yoga are unknown there are records that show this ancient practice has existed for over 4000 years. There are many different styles of yoga. Some styles are fast paced and vigorous while others are gentle and slow-moving. We offer tours ranging as under;

4NTS AYURVEDIC HERBAL THERAPY

Here we plunge you to into ancient rejuvenation Ayurvedic Therapy rejuvenates mind, body & soul, also tones up the skin. For this we travel to Trivandrum city aka the capital of Kerala state in South India famed for birthplace of ancient art of Ayurveda spa. Ayurveda is an intricate system of healing that originated in India thousands of years ago. Ayurveda can be defined as a system, which uses the inherent principles of nature to help maintain health in a person by keeping the individual's body, mind and spirit in perfect equilibrium with nature. Widely regarded as the oldest form of healthcare in the world, Ayurveda is an intricate medical system that originated in India thousands of years ago. Ayurveda is based on the premise that the universe is made up of five elements: air, fire, water, earth and ether. Ayurveda suggests specific massage therapy and nutritional guidelines to help individuals achieve health goals.

3NTS ANANDA IN THE HIMALAYAS

Here we take you to a perfect getaway in the Himalayas. We stay at 5Star Spa Resort Ananda in

the Himalayas located in Rishikesh of Northern India. Set in the mountains, this tranquil spa resort is 20 km from Lakshman Jhula bridge and 30 km from Parmarth Niketan Hindu temple. A spa offers services for weight loss, meditation, yoga and wellness, plus personal training. Other amenities include a restaurant, a fitness center and billiards, as well as a sauna and a hammam. Outdoors there's a golf course, a pool and a garden.

3NTS MOKSHA IN THE HIMALAYAS

We plunge you into a local Yoga & Spa Resort. Simply Incredible!! Surrounded by the scenic wonders of the Himalayas, but available in a convenient distance from the capital, the resort invites you to an aromatic journey which is healthy for your Mind, Body and Soul. Offering breath-taking panoramic views of the Himalayas, as well as the perfect blend of individual treatment and services, Moksha experience is waiting to inspire you with the paper, you will not get anywhere else.

5NTS YOGA TOUR IN HIMALAYAS

With this we take you on a Quest towards self-realisation, wellness of mind/body/soul. We cover the capital city of Delhi and birthplace of Yoga Rishikesh in the foothills of Himalayas. In addition to staying at local Ashram and experiencing local Yoga/Meditation schedules, this trip briefly also covers some ancient temples, tombs to busy bazaars.

ADVENTURE EXPERIENCES

Explore an adventurous journey of a lifetime as India invites you to discover its aromatic land blessed with gorgeous snow bound peaks, dense forests, and spiritual rivers, offering a vibrant culture. So step into your luxurious camps and trekking boots, as we set in the most spectacular regions offering breathtaking views alongside the finest of amenities. From Desert Safari camps in the great Indian Thar Desert city of 'Jaisalmer' in North-West India, cycling-motorbike tours, to trekking in the peaks of Himalayas. Below are our suggested Trek routes in India;

TREKKING IN INDIA

When it comes to trekking trails in the India, there are various regions to choose from. In the northernmost part of India there is 'Ladakh' that has always been a grapevine for several trekkers' diaries. Trekking trails in Ladakh spreads out from rugged cold desert and lakes to endangered wildlife as eg. Indian snow leopards and white tigers. Some of the popular treks in Ladakh are the Frozen River Trek, Skot Kangri Trek, Snow Leopard Trek and Ladakh Ancient Monasteries

Trek. Passing through some of the highest mountain passes from Ladakh to Himachal Pradesh it offers a lifetime experience. Trekking in the northern state of Himachal Pradesh will further acquaint you with a remote lifestyle of the Indo-Tibetan tribes resident there for decades under the shadow of lofty marooned ranges. The popular trekking trails in Himachal Pradesh are the Chandra Tal Trek, Bhriagu Lake Trek, Beas Kund Trek and Malana Trek. Nonetheless even Uttaranchal state of India is tucked with the hulking high peaks of India and a paradise in itself. Some of the major treks in Uttaranchal are the Roopkund Trek, Nanda Devi Base Camp Trek, Dodital Trek and Valley of Flowers. We can also suggest you the famed trekking trails in Sikkim and North Bengal. From the summit, highest point of North Bengal, on Sandakphu-Phalut Trek you can even witness the highest peaks of the Himalayan range from Mt. Everest and Mt. Lhotse in Nepal to Mt. Kanchenjunga in the border of India-Nepal. Moreover trekking in Sikkim offers several species of plants, wildlife and birds to the local tribal culture.

HILL-STATIONS OF INDIA

With Adventure World, evoke the true beauty of scenic Northern state of Himachal Pradesh in the foothills of the Himalayas. We begin your journey with India's most well planned city Chandigarh, followed by visit to hometown of your holiness 'Dalai Lama' at 'Dharamsala' which is surrounded by the splendor of Himalayan landscapes and Buddhist monasteries. Later visit British built summer escape hill stations of 'Manali' & 'Shimla' situated in the Himalayan foothills, the invigorating air and the delights of scenic northern plains. And not to forget we explore the colonial aura, whilst travelling aboard the splendid 'Kalka-Shimla' toy hill train. This trip will take you back how the British rulers enjoyed spending holidays in Northern India. Evoke the true beauty of scenic hill station of 'Shimla' in the foothills of Himalayas, and regarded as the summer capital of British Raj located in the state of Himachal Pradesh.

CYCLING-MOTORBIKE TOURS

These are done in the diverse state of Rajasthan to Northern state of Himachal Pradesh (in the foothills of Himalayas) that is easily connected with capital Delhi and Taj Mahal city Agra. Thus enabling you to enjoy the famed sites of India as you do the adventure. We leave the highway behind and ride our way through villages where we share roads with goats, camels, elephants and more. See local villagers performing their activities. Get overwhelmed by the magnificent Mughal fortresses and deserted towns that cross by. The roads in this route are flat, the days not unduly strenuous and we provide a back-up vehicle for your convenience. There will be

even be ample opportunity to witness the spectacular sunrise-sunset moments of Taj Mahal. Given our grounding and rock solid positioning, expertise and reputation, various private companies have engaged us as their tourism consultants for such activities. We are adept at arranging trips for couples, groups of friends, academic, institutions, corporates, and wide variety of non-profit groups. Some of these groups we've handled are upto 2000 persons per group, all travelling together. Moreover, we are uniquely positioned to serve as patron for Cycling for Charity. We have even made a short clip in our video. you back how the British rulers enjoyed spending holidays in Northern India. Evoke the true beauty of scenic hill station of 'Shimla' in the foothills of Himalayas, and regarded as the summer capital of British Raj located in the state of Himachal Pradesh.

PILGRIMAGE TOURS

India is a spiritual land, with some of the world's oldest and most unique ancient temples and pilgrims. We travel to the holiest city of Sikhism 'Amritsar' to evoke and explore its true spirits. Located in northwest Indian state of Punjab this is the home of world-famed change of guard ceremony border between India-Pakistan. And also a home of the Golden Temple famed as the holiest of the Sikh shrine, and attracts more visitors than even the Taj Mahal. Next we journey to the world renowned scenic hill station of Shimla in the foothills of Himalayas. It's famed since the British raj era as a place to escape the desert heat, and even today famed across the world for their colonial charm. We also visit Buddhist rich hill station 'Dharamsala' aka the hometown of your holiness 'Dalai Lama and surrounded by the splendor of Himalayan landscapes and Buddhist monasteries. And not to forget we end your journey in style to explore the colonial aura, whilst travelling aboard the splendid 'Kalka-Shimla' toy hill train. This trip will take you back how the British rulers enjoyed spending holidays in Northern India. Not to forget, in the central part of India we have 'Khajuraho' that is a small sacred town in central India famed for its Hindu & Jain Temples showcasing world's finest erotic rock carvings. Many state they depict the ancient art of Kamasutra and dates back to 950CE. And also we have the city of 'Varanasi' aka the spiritual capital of India is set along holy river Ganges, and known as one of the oldest living cities of the world and the birthplace of Lord Buddha's first sermon in 528BC.

HOT-AIR BALLOONING

Another big adventure that PTT promotes is Hot Air Ballooning in the Locations of 'Jaipur' operates every day from 15 August – 15 May, Lonavala operates every day from 01 Oct – 30 April,

'Udaipur' on request* basis from 15 October – 31 March, 'Pushkar' (only during Pushkar Festival) on request* basis from October – April, 'Neemrana' on request* basis from September – April. This is done by Hot Air Balloon company Sky Waltz that is the first fully licensed and approved Hot Air Balloon operation in India, authorised by the Government of India's Ministry of Civil Aviation. Sky Waltz has successfully completed six (06) years of commercial passenger flights with over 15,000 guests experiencing a Sky Waltz Balloon Safari in India. Sky Waltz Hot-Air Ballooning experience and service is world class. Our team consists of highly experienced commercial pilots from the UK, Europe and USA, along with extensively trained operational staff and technical crew. Sky Waltz balloons have been sourced from the UK and Europe and globally recognised standards of safety and international operating systems and procedures have been implemented from the outset. Sky Waltz passengers and equipment are comprehensively insured as per global aviation norms. Sky Waltz includes services as under; Guests will be picked-up from their hotel /accommodation approximately 45 minutes before the flight (dependant on the distance between the hotel and launch site). Guests will be notified of the exact pick-up time 24 hours before their flight. Following the flight, guests will be dropped back to their hotel or to an alternate location if required. Once guests arrive at the launch site the pilot will give a safety briefing and basic orientation to the technical aspects of Hot-Air Ballooning. Tea/Coffee, cold drinks and cookies are served during the inflation of the balloon. Flight time is approximately 60 minutes (+/- 10 minutes). Bottled mineral water is available during the flight. After the balloon has landed, guests can stay for as little or as long as they like until they are ready to leave the landing site to be driven back to their hotel or alternative drop-off point. The pilot will hand out First Flight certificates to all passengers as a memento of their amazing Sky Waltz Balloon Safari experience. Total Ballooning experience is approximately 3 hours.

BEST TRAVEL TIME

On Season: October to March

Peak Season: December to February

Off Season: April to September

CLIMATE

India is a country with diverse weather patterns that vary greatly from North to South. The best time to visit India is during October to early April, when temperatures are less hot.

Winter months: November to February (avg temp 10-15°C)

Summer months: April to June (avg temp 35-45°C)

Monsoon months: July to September (avg temp 30-35°C)

Spring month: March to April (avg temp 25-30°C)

Autumn month: October to November (20-25°C)

FAMED FESTIVALS

India is a country with diverse weather patterns that vary greatly from North to South. The best time to visit India is during October to early April, when temperatures are less hot.

Diwali Festival: (in Oct/Nov) (all over)

Holi Festival of Colours: (in March) (all over)

Independence Day: (on 15 August) (yearly) (all over)

Onam Festival: (in September) (only S. India)

Elephant Festival: (in March) (Jaipur city)

Desert Festival: (in February) (Jaisalmer city)

Pushkar Desert Fair: (in November) (Pushkar city)

God Ganesha Birthday: (in September) (Bombay city)

WELCOME TRAVEL KITS

Upon arrival you will be welcomed by our representative who will transfer you to your Hotel and begin your trip. Representative will also provide you with a Travellers Welcome Kit. This kit will have;

- **A Welcome Gift:** This is a complimentary Indian surprise for each person.

- **Your Trip Itinerary:** With detailed India map along with your trip inclusions and day-wise program.
- **A Feedback Form:** We welcome all feedbacks. Let us know how your experience went. Please feel free to fill-up/provide to our representative at end of trip. Your feedbacks will help reach perfection.
- **A Tipping Guidelines Sheet:** Explaining general tourist tipping trends. From drivers to guides. Tipping makes sense if satisfied with services.
- **Tickets:** Original Train and Air Tickets.
- **Vouchers:** Original Hotel Confirmation Vouchers.
- **Contact Info:** Information about our office and our managers contacts.

TIPPING

Tipping is always your choice and only if you are satisfied with services. Kindly find below general tourist tipping trend in India.

FOR INDIVIDUAL TRAVELERS

FOR	FOR EACH FULL DAY	FOR EACH HALF DAY
For Driver with helper	INR 1000	INR 500
For Guide	INR 1000	INR 500

FOR GROUP TRAVELERS

FOR	FOR EACH FULL DAY	FOR EACH HALF DAY
For Driver with helper	INR 500	INR 300
For Guide	INR 500	INR 300

Naturalist at Wildlife Safari: Depending on your wildlife sighting a respectable tip would be INR 500 per person for OK sighting, INR 1000 per person for amazing sighting.

Driver at Wildlife Safari: Tipping for driver in wildlife park safari is mandatory. A respectable tipping amount is INR 400 per person for OK sighting, INR 500 per person for amazing sighting.

Elephant Owner at Amber Fort Jaipur: Tipping for Elephant rider aka Mahut is mandatory. A respectable tip amount would be INR 50 per elephant.

Assistant (at airport or train station): For representative assisting you at airport or train station, a respectable tipping amount is INR 500.

Restaurant: Upto 10 % of total bill amount at restaurants can be left as tip by clients. Kindly be noted that along with a number of govt taxes, service charge is also added in bill.

For Porter at Hotels: A respectable tip would be INR 50 per bag.

For Porter at Train Stations: A respectable tip would be INR 150 per Bag. However porter charges at Train Stations vary depending on cities. Our representative in each city will assist you on this tipping amount.

Porter at Airport: Usually tipping is INR 300 per trolley and porter can be arranged on-spot.

GROUP JOURNEY TRAVELLERS

If you are joining a Group Journey and it reaches a minimum of ten passengers, then in most cases a professional **English speaking escort** will accompany you thru-out your trip. All our escorts are trained tour leaders For For Each Full Day For Each Half Day For Driver with helper For Guide INR 1000 INR 500 INR 1000 INR 500 For For Each Full Day For Each Half Day For Driver with helper For Guide INR 500 INR 300 INR 500 INR 300 having in-depth knowledge of India and an enthusiasm for the country. In addition to the tours, this Escort will cater to your individual interests.

UNFORESEEN CHANGES

Perfect Travels & Tours Pvt. Ltd. will do everything possible to operate your holiday arrangements in accordance with your itinerary. Inevitable situations arise from time to time that make changes necessary. Sometimes these will be a train or light delay, etc, and sometime a major change may be required to reorganise elements of your journey. But our team will ensure that a change does not result in an omission from your tour

PASSPORT & VISA

If you are **Arriving + Exiting from Airport in India**: Tourist e-Visa and Visa On Arrival is accepted. (See below for more details on e-Visa / VOA).

If you are **Arriving or Exiting from a Sea (ie. Cruise Dock in India)** Tourist e-Visa is not accepted only Stamped Normal Visa accepted. (See below for more details on Normal-Visa). Also, for Sea arrival/departures we require your Passport+Visa scan (atleast 30days in advance for formalities).

Any itinerary **Domestic Air-Tickets or Rail-Tickets**, to issue tickets we will require Passport scan or Full

E - VISA

Advisory:

Services of e-Visa involves completely online application for which no facilitation is required by any intermediary / agents etc. **It is advised not to believe or fall in trap of any such unscrupulous elements who claim speedy/express grant of e-Visa and charge money for it.**

Do not share your personal information with any unauthorized website as it may lead to your personal data piracy. Only visit Government of India website with address indianvisaonline.gov.in for any kind of service or clarification. For any clarification or doubt, you may write to us on our email i.e. indiat-voa@gov.in.

e-Visa Facility is available for nationals of following countries/territories:

Albania, Andorra, Angola, Anguilla, Antigua & Barbuda, Argentina, Armenia, Aruba, Australia, Austria, Azerbaijan, Bahamas, Barbados, Belgium, Belize, Bolivia, Bosnia & Herzegovina, Botswana, Brazil, Brunei, Bulgaria, Burundi, Cambodia, Cameroon Union Republic, Canada, Cape Verde, Cayman Island, Chile, China, China- SAR Hongkong, China- SAR Macau, Colombia, Comoros, Cook Islands, Costa Rica, Cote d'Ivoire, Croatia, Cuba, Cyprus, Czech Republic, Denmark, Djibouti, Dominica, Dominican Republic, East Timor, Ecuador, El Salvador, Eritrea, Estonia, Fiji, Finland, France, Gabon, Gambia, Georgia, Germany, Ghana, Greece, Grenada, Guatemala, Guinea, Guyana, Haiti, Honduras, Hungary, Iceland, Indonesia, Ireland, Israel, Italy, Jamaica, Japan, Jordan, Kenya, Kiribati, Laos, Latvia, Lesotho, Liberia, Liechtenstein, Lithuania, Luxembourg, Madagascar, Malawi, Malaysia, Mali, Malta, Marshall Islands, Mauritius, Mexico, Micronesia, Moldova, Monaco, Mongolia, Montenegro, Montserrat, Mozambique, Myanmar, Namibia, Nauru, Netherlands, New Zealand, Nicaragua, Niger Republic, Niue Island, Norway, Oman, Palau, Palestine, Panama, Papua New Guinea, Paraguay, Peru, Philippines, Poland, Portugal, Republic of Korea, Republic of Macedonia, Romania, Russia, Rwanda, Saint Christopher and Nevis, Saint Lucia, Saint Vincent & the Grenadines, Samoa, San Marino, Senegal, Serbia, Seychelles, Sierra Leone, Singapore, Slovakia, Slovenia, Solomon Islands, South Africa, Spain, Sri Lanka, Suriname,

Swaziland, Sweden, Switzerland, Taiwan, Tajikistan, Tanzania, Thailand, Tonga, Trinidad & Tobago, Turkey, Turkmenistan, Tuvalu, Uganda, Ukraine, United Kingdom, Uruguay, USA, Uzbekistan, Vanuatu, Vatican City, Holy See, Venezuela, Vietnam, Zambia and Zimbabwe
Passport Name (with surname) & D.O.B.
Any itinerary having Wildlife Safari's (eg. visit to Ranthambore Park etc) we will require Passport scan at least 30 days in advance for formalities.

Eligibility:

1. International Travellers whose sole objective of visiting India is recreation , sight seeing , casual visit to meet friends or relatives, short duration medical treatment or casual business visit.
2. Passport should have at least six months validity from the date of arrival in India. The passport should have at least two blank pages for stamping by the Immigration Officer.
3. International Travellers should have return ticket or onward journey ticket, with sufficient money to spend during his/her stay in India.
4. International Travellers having Pakistani Passport or Pakistani origin may please apply for regular Visa at Indian Mission.
5. Not available to Diplomatic/Official Passport Holders or Laissez-passer travel document holders.
6. Not available to individuals endorsed on Parent's/Spouse's Passport i.e. each individual should have a separate passport.
7. Not available to International Travel Document Holders.

VISA ON ARRIVAL

Visa on arrival in India is available only thru Airport arrivals at of Delhi Mumbai, Chennai and Kolkata. Visa on arrival is only for single entry visa and valid for 30 days India visa on arrival is currently eligible to only 12 nationals (New Zealand/ Cambodia /Finland /Japan/ Laos/ Luxemburg / Philippines / Singapore / Vietnam / Indonesia / Myanmar / Burma). Fee of US\$60 per passenger (Incl. Children) with 02 passport-Sized photographs processing time may take Up to 45 minutes to process (Waiting duration may vary depending on arrival traffic at the airport). Eligibility: you must hold a passport with minimum 06 months validity. And the person must be of assured financial standing (the production of a return ticket and availability of sufficient for this purpose).

NORMAL VISA

If you require a Multi-Entry Visa or if you are arriving by ship (At sea dock then only stamped Visa is accepted (not e-visa or visa on arrival). All foreign national entering India are required to possess a valid international travel document in the form of a national passport with a valid visa obtained from an Indian high commission or post abroad. All Individual visa seekers are requested to apply for the Indian Visa through online application link, in order to make an application for getting the Indian visa. The duly signed physical copy of the application form completed in all respect and submitted successfully, is to be submitted at the concerned Indian Visa Application Cent (IVAC) or directly to high Commission / Post, on the scheduled date of interview along with the requisite supporting documents. Please follow link here: <https://indianvisaonline.gov.in/visa/Index.html>

MULTI ENTRY VISA

A Multi-Entry visa is granted only in a normal visa application (not by e-Visa Application or Visa on Arrival). A multi entry visa is required if a flight / ship has entered foreign waters and then it returns to India again. For Eg. If a flight / Cruise itinerary goes from Mumbai to Singapore and then return to India, then a Multi-Entry Visa is mandatory.

SINGLE ENTRY VISA

A Single-Entry Visa is a default in E-Visa and Visa on Arrival Applications and can also be granted in a Normal Visa Application. You are OK to travel on a Single Entry Visa as long as you are not exiting and re-entering India. For eg. A flight / ship from Mumbai to Andaman Nicobar Island is OK on Single Entry Visa. But a Flight / ship from Mumbai to Singapore and then back to Andaman will require a Multi Entry India Visa.

AIRPORTS

Always ready your passport ID and air ticket (in smartphone or as hardcopy) prior to entering the airport. Security official will check at entry gate of every airport. In case you cannot find your ticket in emergence you can retrieve the same thru check in counter team. But you will need to take special permission from security official to enter the airport without a ticket.

Domestic Airports

Will close flight check-in counter 45 min before departure time. Considering traffic, distance,

peak hour rush /ques, we suggest to reach airport apx. 2 Hr prior to departure time. If you have already online checked – in then reach 1 ½ Hr prior.

International Airport

Will close flight check – in counter 60 Min before departure time. Considering traffic, distance peak hour rush/ ques, we suggest to reach apx. 3Hr prior to departure time. If you have done online check- in then reach 2 Hr prior.

Deprature Tax

All India Airport departure taxes are usually included in your international flight ticket

AIRLINES

No Frills Airfare: In India this is also referred to Apex (Advance purchase lowest fare). And is widely available. Usually these flight will provide check-in, carry-on and seat. But No entertainment and No meals provided. Meals can be bought in flight. POPULAR airline that offer cheapest no frills airfare include Indigo(largest in India), Spicejet, Go Air, Air Asia.

Normal Airfare

Popular airlines that offer normal fare are Jet Airways, Air India. They offer check –in, Carry –on, meals and entertainment.

Restrictions

Please note that all airlines insist all sharp item (Kniver Scissors, nail clippers etc) are packed in your 'chech- in' luggage. Alcohol is no longer permitted on board domestic flights and must also be stored in your check-in luggage.

BAGGAGE

At Domestic Airport: Economy class baggage is usually 15 kg check-in (may vary as per your airlines). One 7kg carry – on allowed. Extra baggage can be purchased only upon check-in at airport. Usually INR 250-300 is charged per kg (may vary as per airline policy) (for our cruise groups baggage may vary).

At International Airport

ECONOMY class baggage is usually between 20-30kg check-in (May vary as per your airlines) with one 7 kg carry-on allowed.

BUSINESS class baggage is usually between 30-40 kg check –in (May vary as per your airlines) with Two 7 kg carry-on is allowed.

CLOTHING

India is a diverse country. Not only it has diverse culture but also diverse style of traditional dressing. For instance, s-South Indians look and dress different from North Indians. So feel free to dress informally while on tour; carry lightweight clothes that can be laundered easily. (we suggest nothing below knee length or sleeveless)

During winter, you will need light woolens, sweaters, a light jacket or wool wrap. In summer light cotton clothes will do everywhere except in the mountain regions, where it will be cold at night. In south India, It is advisable to wear light cotton clothes throughout the year, as the climate is hot and humid. In North India prepare for hot, sunny days and cool nights. Along with slippers or sandals you can pack a good walking shoes with grip, and preferable ankle support for trekking.

Also to remember, if you are going to the Ganges or any holy river for bathing women have to be fully clothed when they bathe in the Ganges. They will not be allowed to wear swimsuits. Going inside religious places will require you to cover your hair and no shoes or socks.

Laundry services

Are available throughout the country, although hotel laundry costs can be expensive. With Two 7 kg carry-on is allowed.

MEDICAL INFO

If you have diabetes, allergies, asthma or any condition that may require emergency care, always carry some Identification (tag, bracelet or card) indicating so and prescriptions of the medicines. Preferably also carry a letter from your physician. Bring personal medicines, especially if you have diabetes, asthma, allergies, or other disorders that require a regular intake of medicines. Also Anti Malarial Medications. Carry Insect repellents if you will be traveling during the summer in a tropical climate, such as south India carry sunscreen and Mosquito creams.

There is no risk for yellow fever in the Indian Subcontinent and NO compulsory vaccinations are required if you are arriving from the United States, Australia, NZ, Canada, or Europe. If you are entering from Africa or parts of Latin America, Certification of yellow fever inoculation is required to go to India. Typhoid and Hepatitis A booster shots can be recommended but not compulsory. (- Check with your local doctor for more info).

MEDICINES & NECESSITY

We suggest you can pack the below necessities as per your choice. Aspirin or paracetamol, antihistamine, cold & flu tablets, Diarrhea medication, Nausea medication, Rehydration sachets, Insect repellent, Antiseptic & bandages, sunscreen & lip balm, medication / prescriptions (It is a good idea to have a doctor prescription if you are carrying a large amount of medication), small torch (there's occasional power outages in smaller towns).

LOCAL MOBILE/SIM

If required just let us know in advance what handset you use and we will arrange a correct sim card for you with internet activated (at extra charge) But before you bring your handset to India, please choose to unlock your device. If you want to SIM cards can be purchased at airports and in some shopping centres, but requirements for foreign passport holder may vary and this can be time-consuming and bureaucratic.

EMERGENCY HELP- LINES

100 police

101 fire

102 Ambulance

181 women safety

DIAL CODE

+91

TIME ZONE

Indian Standard Time (IST) is the same throughout the country, yet lateness is not considered rude amongst locals. India is 4 ½ Hours behind Sydney, 6 ½ hours behind New Zealand, 10 ½ hours ahead of New York, 5 ½ hours ahead of London, 4 ½ hours ahead of Paris and 3 ½ hours behind Tokyo.

CURRENCY & ATM

The Currency: in India is the Indian Rupee (INR). You are Advised to carry a mix of cash (major Western Currencies including AUD are Easily Exchanged at many hotels and foreign Exchange booths) and credit cards. It is a good idea to keep at least one exchange receipt as you may need these if you want to change the India currency back to your local currency at the end of your trip.

Credit Cards: Can be used in many of the hotel and in some shops and restaurants in major cities: however they are not widely accepted in rural areas, markets and many more local shops. Visa and Mastercard are the most commonly accepted in cards.

Exchanging Currency to Indian Rupee (INR): can be easily done upon arrival at every international airport of India. Approximate exchange rates at time of printing are:

1 USD equals 65 INR

1 GBP equals 85 INR

1 EUR equals 75 INR

1 AUD equals 50 INR

ATM/Travelex: Are easily accessible in urban cities however rural/ Village towns will have limited access (Simply ask our driver/ guide beforehand for nearest ATM/ Forex), Each ATM transaction is max of INR 10,000. Hence you may do multiple transaction if higher amount needed.

Import/ Export: of Indian currency is prohibited. However if passenger resides in India and returning from abroad then Indian currency upto INR 7,500 is allowed.

Any foreign passenger can bring any amount of foreign currency to India without any limit. However, you will have to state in CDF(customs Declaration form) if;

- **Your currency notes are over US \$ 5,000 (or equivalent). Or/ and**

- **Your aggregate forex (Incl notes) is over US \$ 10,000(or equivalent).**

Generally, foreign tourists are permitted to take out with them unspent foreign exchange not exceeding the amount brought into India by them Taking out any India currency is prohibited. Foreign visitors going to Nepal from India can, however, take with them in denomination of Rs.100/- and below.

TRAVEL INSURANCE

We always recommend that you travel with a valid travel insurance in the event that you have to cancel your trip . Also , comprehensive travel insurance is strongly recommended wherever you travel to have you covered for any unexpected losses such as canceled flights etc.

ELECTRICITY

220-230 Volt 3 pin & 2 PIN socket is used for any electrical equipment's . please check the voltage before using any electric appliance. See below pic.



MERCILESS TRAFFIC

Indian Traffic laws are more like guidelines. Bigger vehicles have the right of way, except for cows, which always have the right of way. Traffic can be anything from buses to bullock-carts and more. Honking is encouraged; consider it as love being showed at others. Carefully dodge traffic, as maneuvering it is more like a game of chicken.

PUBLIC TRANSPORTATION

If you thought the subway in New York is nuts, the buses and trains in Indian are crowded like crazy. When buses or trains are moving, you'll see a lot of people running along and hopping on. This is not uncommon and I think it's see when people reach out a hand and help each other get on a bus or a moving train. You will learn how to do this. It's a skill!

TAXIS

Pedal Rickshaws & tuk tuks: Absolutely a local favorite, the tricycle rickshaw is a common transport but only in residential areas or bazzars. To go on larger roads or expressways, the motor Tuk – Tucks are used. Always bargain and agree on a fare prior to your journey. Sometimes TUK-TUCKS have a meter but they seem to be rigged with higher amount in display.

Local Government taxis : are colored black & yellow. Many are local Indian makers Tata and Maruti brand. And even Ambassador vintage cars that were designed during british Rule. Again, please ensure you negotiate before entering inside taxi. If you want a taxi on- spot then you can also hail a private taxi firm active in India: Uber, MeruCabs OlaCabs.

TRAINS

India is famed as world's largest employer thru its Indian Railways. Local Trains are not of international standards but an experience is a must! Quality onboard will vary depending on areas covered and trains itself. Trains like Shatabdi Express and Rajdhani Express are considered faster than the local trains and of better quality than the rest. An overnight train travel even in best class cabins does involve certain a degree of adventure.

Train Stations: are chaotic and mostly delays occur. Especially in North India since being closer to Himalayas it attracts lots of fog during peak winter months of Dec & Jan.

Luxury Trains: India is one the unique places where you can experience heritage train trips ranging upto 7Nts with onboard royal facilities. These trains run popular. Feel free to ask us for more details and bookings

SHOPPING

Shops and offices are generally open from 1000 hrs to 1800 hrs with a lunch break Monday to Saturday. From traditional sari, Antiques, to Precious Gemstones: India has a plethora for unique shopping. From local bazaars, boutique style handicraft shops to large shopping malls in modern cities. Export of certain antiques is not permitted. Make sure you are aware of relevant custom regulation of your home country.

Buying items containing animal products and support effort to stamp out trade in wildlife may be regarded as illegal products in your country. Fake reproductions are common. Make sure you know what you are buying especially in the case you wish to know where the genuine handicraft stores are located.

BARGAIN

Do not get intimidated by the fact that you're a foreigner. When going to street markets or shops, bargaining is natural in India. In My Experience, vendors will often give you a high price first thinking that you're 'foreign' and that you're not going to know its worth. Give bargaining a shot. Don't be afraid to negotiate.

CUISINE

Hinduism is believed to have multi Gods & Goddesses. And Hindus believe different animals represent different gods and carry their messages. Hence Indians being majority Hindu's believe killing animal is sin. Thus India is a perfect place for Vegetarians. Even though majority of population is vegetarian still there are various dishes that are a non-vegetarians delight Traditional Indian cuisine has been widely appreciated for its fabulous use of herbs and spices.

Indian cuisine is known for its large assortment of dishes the cooking style varies from region to region and is largely divided into south, East, West & North Indian. The staple food in India includes wheat, rice and pulses being the most important one. India is quite famous for its diverse multi cuisine as under;

Bengali Food: is the perfect blend of sweet and spicy flavors.

Gujarati Food: is primarily vegetarian and has a high nutritional value

Kashmiri Food: Highly Influenced by the traditional food of local pundits, it is also adopted in Central Asia & Persia.

Mughlai Cuisine: is one of the most Popular Indian cuisines, these dishes are popular in foreign world as well (eg. Butter chicken, Naan, Kebabs etc). Its origin traces back to Mughal Empire Times.

Punjabi Food: The cuisine of Punjab states is renowned for high spice level

Rajasthani Food: is primarily vegetarian. Spice content is quite high in comparison to other Indian Cuisines.

South Indian cuisine: is Known for its light, low calorie appetizing dishes. Mainly rice and coconut based, hence S.India is best for gluten free diet.

Famed for Freshwater seafood and steamed rice dumplings.

Goan cuisine: High in spice level and famed for its fish curry dishes

STREET FOOD

Try street food/ water only if it is approved OK to have by our guides/ drivers Do not be an Experimenter on OWN, as Street food Or Local water or tap water can upset stomach aka 'Delhi Belly' especially if you're traveling to smaller villages and towns. If you do land-up with Delhi Belly then there's an excellent oral vaccine that helps prevent traveller's diarrhea called Dukoral, Which you can Grab from your doctor a few weeks before you go.

LANGUAGE

The ethnologue lists 415 living languages For India. India has 23 constitutionally recognized official Languages. English and Hindi are the official languages of India also used by the Central Government. State governments use respective official languages. To help you get the most out of your contact with local people in the northern states where Hindi is widely used, try learning how to say these key phrases:

ALTITUDE CONCERNS

If you visit the Himalayan Mountains, ascend gradually to allow time for your body to adjust to the high altitude, which can cause insomnia, headaches, nausea, and altitude sickness. Drink plenty of water to avoid altitude sickness. In addition, use sunblock rated at least 15 SPF, because the risk of sunburn is greater at high altitudes.

SAFETY PRECAUTIONS

In Northeast parts of India near Himalayas there are areas adjoining Pakistan, and those planning to cross the international border should take account of heightened tension between India and Pakistan over Kashmir state. Hence if preferring to visit Kashmir then only restrict travel to its tourist friendly cities of Srinagar, Gulmarg , Pahalgam, Sonmarg since rest of Jammu & Kashmir is secured and not recommended for travel for domestics or foreigners due to military interfaces.(- Jammu & Kashmir security and army interferences are still further notice by government).

WOMEN SAFETY

Women safety/ security is taken with extreme seriousness and offenders face severe punishment / imprisonment. In any country anything is possible; just keep your guard up. Whether travelling in a group or on own, please ensure you are covered-up (especially in villages or small towns). India is modest country with majority population having modest/ religious thinking and dressing.

Also to keep in mind, that in some Hotels you can ask for women-only rooms or floors which is now offered in a few big Indian Hotels including the ITC group of luxury hotels, and the Indian tourism ministry has called for this as a set policy. To assist women in an emergency, government has set-up special helpline number 181.

BEGGER

India has a high poverty rate due to its over population. Many villagers or Kids or transgender are seen begging for money. It is often suggested not to encourage giving money to beggars as they get excited and call their friends before you know you are surrounded by people around you begging. We suggest giving them something consumable (rice, sugar, seet, gift etc)

Would be a kind gesture or you can also contribute through local charities (Kids orphanage, disabled villages, mother teresa ashrams etc)

Some lovely Places to start are <http://mithra.org.in>, <http://www.giveindia.org>, <http://www.soschildrensvillages.in>,

http://www.motherteresa.org/07_family/volunteering/v_cal.html

INTERNET

Usually Hotels we choose have free wifi. But at times there can be Hotels charging some amount on-spot for wifi. The trend towards free wifi in some other Asian destinations is still lagging behind in India. You may find free wifi in some more modern café and airports (Kindly check with your agent/hotel).

SWIMMING

Every 5 STA and most 4 star Hotel have swimming pools. Please note that modesty even around swimming pools is much appreciated in India. Topless bathing or sunning and /or very revealing swimwear may cause offence and should be avoided.

If you are visiting the coastal states of South India (Kerala) and West India (Goa), many beaches are open to swimming but be careful as they are not fully patrolled and dangerous currents may exist.

ANIMALS

Indians are feelers and emotions, Not to forget superstitious as most animals are considered messenger of God and a re-incarnation form (eg. Rats, Monkey, Cobra, Elephant, And Cows). Indians believe killing of any animals is considered a very sinful act. Thus you see no control on animal population And you see streets filled with people, rickshaws cows, dogs, camels, donkeys etc all at the same time.

Cow: I understand that it may come as a shock to many visitors when they see cows(i.e. a holy animal) wandering on streets. There is a simple reason to it as once a Cow is not useful or cannot make milk/ rich cow –dung, then rather than killing the animal is casually left by farmers to wander in the cities (as it may take unnecessary resources of his farm). In other words the farmer gives the cow a lifetime freedom outside the farm.

Stray Animals: There are Stray dogs/ monkeys mostly everywhere in India, avoid to feed or let them as they may carry rabies.

TOILETS

If you are on streets , there is lack of modern standard of public toilets. Don't expect to find a toilet paper or western shower in public toilet areas.

POLLUTION

It's poor but easily tolerable. Don't feel silly wearing a mask and or covering up with a scarf. Also, it'll help to carry make up remover with you. The pollution can really sneak into your skin and cause breakouts. Keep your face clean at all times.

ILLEGAL DRUGS

Penalties for possession of even small amounts of narcotic substances are severe (a minimum of 10 years imprisonment). The slow judicial process mean that lengthy pre-trial detention is the norm

THEFT & PRECAUTIONS

Carry your valuable in two places. Put the money you expect to use during the day in a visible wallet hanging around your neck or in an obvious money belt around your waist, and keep the rest of your money and our documents hidden in a money belt under your clothes. Misplacement/ Theft of valuables especially passports can be a particular risk at railway stations and on-trains hence be careful.

Doesn't ingest tap water but bottled water, even to brush your teeth don't ingest any drinks with ice cubes. In hotels/ restaurants it is ok don't get lured by shopping bargains on the street. Don't exchange money except with an authorized money changer. Don't purchase travel tickets

through strangers or unauthorized travel agents don't encourage beggars by giving them money or other articles. Don't buy ivory or peacock feathers in bulk. Don't wear shorts , sleeveless tops or revealing clothes in places of public worship. Don't wear bikini or revealing clothing to bathe in the Ganges if you are female. Instead, cover your full body with normal clothes. Don't get involved with drugs of any kind. Don't eat dairy products unless you know they have been pasteurized. Don't pet stray animals

DEMOGRAPHICS

India has a strong and growing population of 1.25 Bn with Delhi most populated city with 25Mn and state Uttar Pradesh with population of 210Mn. Almost 70% of India's population is 35 and under (Meaning English Speaking educated youth). Hence there's a great future especially in IT and Foreign Investments

RELIGION

Religion wise India is a perfect example of multiple religions living together in perfect harmony enjoying each other's festivals. There are 80% Hinduism, 14% Islam, 3% Christianity, 2% Sikhism, 1% Buddhism.

FAMILIARIZE YOURSELF

If you are a first timer and wondering what to expect then certainly be prepared for a uniqueness and diversity found nowhere else on the planet. To be prepared in advance and avoid the culture shock, we suggest read as much material on India or watch documentary I say watch film 'Best Exotic Marigold Hotel' Best way to tell you about India in 2Hrs. This will keep you prepared for any culture shock or myths you have on India .

Updates on India

For official updates on India's progress please visit <http://tourism.gov.in>

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